FREE CONVERSATION WORKSHEETS

30 questions for a potential co-parent

Five topics. Space to record both perspectives. Questions drawn from the existing CoParentPrep conversation guide.

Use one topic per conversation. Record shared expectations, differences, and questions you would like a qualified professional to help you answer. A completed worksheet does not establish compatibility or readiness.

Keep notes private. Share personal or health information only as you choose and with appropriate care.

A sample of the preparation format

The full $49 toolkit adds the 200-question workbook, interview scripts, educational agreement draft, and Excel cost planner. Preview it before deciding.

coparentprep.com/toolkit

Money

Names / initials: _____ Date: _____

1. What financial information is relevant to our planning, and how can we discuss income, debt, obligations, and privacy?

2. How should we split conception and medical costs, and what's your ceiling before we stop and reassess?

3. How do we divide ongoing costs: proportional to income, or 50/50 regardless?

4. What happens financially if one of us loses a job or becomes unable to work?

5. Private school, braces, therapy, college: how do we decide on big discretionary costs neither of us must agree to?

6. Would you agree to formal child support calculations even if we never go to court?

Parenting time

Names / initials: _____ Date: _____

7. Describe your ideal week with our child at age 2. At age 10. Be specific.

8. Where will the child live in year one: one home base or true splitting?

9. Holidays, birthdays, and your extended family's expectations: what does December look like?

10. What happens to the schedule when one of us starts a serious romantic relationship?

11. How much say does a future partner of yours get in raising our child?

12. If your career offered you a big opportunity in another city, what happens?

Values

Names / initials: _____ Date: _____

13. What role does religion, or its deliberate absence, play in this child's upbringing?

14. Public, private, homeschool? And who gets the deciding vote if we split?

15. How were you disciplined as a child, and what will you keep or reject from that?

16. How would we discuss a child’s medical care and seek guidance from qualified clinicians when we disagree?

17. What do you believe about screens, phones, and social media by age?

18. What's one thing your parents did that you're determined never to repeat?

Logistics and disclosure

Names / initials: _____ Date: _____

19. What health information is relevant to our planning, and how can we discuss consent, privacy, and appropriate clinical guidance?

20. Would we consider mutual background checks, and how would we agree on consent, scope, privacy, and how to interpret the information?

21. Who in your life knows you're pursuing this, and how has your family reacted?

22. What practical help or backup care could we rely on, and what has actually been discussed with those people or services?

23. Any past relationships, custody arrangements, or legal matters that could touch this arrangement?

24. What's your realistic timeline, and what's driving it?

Conflict and commitment

Names / initials: _____ Date: _____

25. Tell me about the last serious conflict you had with someone you couldn't walk away from. How did it end?

26. When you're angry with someone, what do you do: pursue, withdraw, explode, go quiet?

27. How would we seek help with a disagreement, and what process should we discuss with a counselor or attorney?

28. What would have to happen for you to want out of this arrangement, and what do you think you'd owe then?

29. If one of us dies or becomes unable to care for a child, what wishes and legal questions should we discuss with counsel?

30. Why me? What made you choose to have this conversation with me specifically?

Turn notes into useful questions

What did we agree on? What remains unresolved? Which questions need clinical, legal, or counseling advice?

The full preparation toolkit

A PDF guide with 200 questions, clinic and attorney interview scripts, and a checklist; an editable 24-section Word discussion draft for attorney review; and an Excel budget planner.

$49 one time. These materials organize preparation; they do not establish rights, recommend treatment, assess compatibility, or guarantee lower fees. Refund terms are shown at checkout.

Preview the toolkit before deciding

coparentprep.com/toolkit